



NEWS LETTER

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"The aim of education is the knowledge, not of facts, but of values."

~ William S. Burroughs

CBSE Classes X & XII Board Results 2022-23

"There are always new, grander challenges to confront and a true winner will embrace each one."

The students of APS S P Marg once again excelled in the CBSE Class X & XII Board Examination 2022-23, by bringing laurels and accolades to the institution. Soaring high on the sky of success, the School Topper of Class X, Akansha Basera scored an overall 96%. Antriksh Kumar Singh earned 2nd rank by scoring 95.6% marks followed by Anahita Srivastava, Ayush Kumar Shukla and Virat Kumar with 95.2% marks each. It was an impeccable achievement by 07 students of the school who gave a sterling performance by securing more than 95% marks. 39 students made the school proud as they scored between 90% to 94.9%. Class X students of APS SP Marg performed brilliantly well due to sheer hard work and determination under the able guidance of their teachers. In Class XII, Sidarth Singh of Science stream was declared as the School Topper with a score of 97.6%. He also secured a perfect centum 100/100 in Chemistry. Snigdha Tiwari marked a perfect 100 in Infomatics Practices. Tripti secured 96.6% with a perfect 100 in Geography and was ranked 1st in the Humanities stream. The Commerce stream was topped by Sambhavi Singh with the score of 96.2%. 07 students successfully secured 95% and above marks, and 21 students achieved 90% to 94.9% marks. The Principal, Ms Seema Tara, congratulated the staff, students and their parents for their constant support and belief in achieving this feat.



Awards and Accolades

a) IIT JEE (MAINS) Session 2 Examination

APS SP Marg is immensely proud of its students who brought laurels to the school by brilliantly qualifying IIT-JEE (Mains) Session 2 Examination with flying colors. The names of the achievers are as follows:-

1. Rishit Srivastava (2022-23) - 99.68%
2. Ayush Kumar Singh (2022-23) - 96.94%
3. Sidarth Singh (2022-23) - 94.23%
4. Siddhant Tiwari (2022-23) - 93.16%
5. Priya Rai (2022-23) - 93.01%
6. Harshit Singh (2022-23) - 96%
6. Somya Pal(JEE B Arch) (2022-23) - 99.13%



b) Inter School Basketball Competition

Under 19 Boys Basketball Team of APS SP Marg brought laurels to the school by winning Inter School Basketball Competition organised by CMS Gontinagar Cambridge Branch. 78 Teams from various schools of Lucknow participated in the event. The school team comprised of the following students: -

- (a) Kartik, Cl XI
- (b) Aryan Singh Cl XII
- (c) Mohit, Cl XII
- (d) Gajendra Cl XII



c) DPS IT Fest 2023

Delhi Public School, Eldeco, Lucknow, organized 'IT Fest 2023' where 22 prominent schools of the city participated. Abhinav Bishnoi of Class V from APS SP Marg brought laurels to the school by winning 2nd position in PPT Competition on the topic 'Earth Day'.



Mental wellness festival “Sunheri Dhoop”

A Mental Wellness Festival “Sunheri Dhoop” was organized by APS LBS, Lucknow. The programme was graced by Honourable Chief Guest, Mrs Mahalakshmi Subramani, Regional President AWWA, Central Command. The two-day session invited experiences and stories of students and spectators from APSs Lucknow, through a guided facilitative process. The first session was convened by Ms Neha Singh, a renowned author who has 15 books to her credit. She narrated motivational stories and poems written by her and inspired students to fight against stereotypes prevalent in the society. The second session was conducted by ‘Rangbhumi’, an Applied Theatre Organisation, which introduced the students to an improvised form of theatre wherein the actors play live stories from the audience, then and there. These workshops created a collective resonance of values and behaviour and formed a praxis model of action with reflection. The programme raised awareness about the mental health continuum, reduced stigma associated with mental illness, promoted help seeking behaviour and emotional well-being practices among students. The mental wellness festival drew to a close with pearls of knowledge and best compliments by Honourable Chief Guest, Mrs Mahalakshmi Subramani, Regional President, AWWA, CC.



Session on ‘Anxiety and Stress Management’

An informative session on ‘Anxiety and Stress Management’ was conducted at Surya Auditorium under the aegis of AWWA CC, by Advanced Healthcare Foundation, a Kolkata-based Non-Governmental Organisation, that aims to develop a healthy nation, through awareness on issues and advancements related to Healthcare sector. The event was graced by the presence of Mrs Mahalakshmi Subramani, Regional President AWWA, CC. 150 students of APS SP Marg from Class XI attended the interactive session. The panel of eminent Experts consisted of Dr Pranjal Agarwal, Director, Nirvana Hospital, Lucknow, Dr Shreya Chattopadhyay, Director, Advanced Healthcare Foundation and Dr Rachna, Counsellor. Dr Shreya spoke on the occasion to motivate the participating adolescent students to be more aware of various aspects of mental health in today’s digital age. The enriching discussion at the symposium helped the participating teenage students to better understand their inner selves. Many ex-students, who are currently pursuing MBBS, Law, Engineering etc. shared their experiences and success

stories. The symposium showed the way for the young generation to get rid of a stressful life.



Heritage Walk at Residency

Indian Army makes an effort to connect today’s students with lesser-known stories of the First War of Independence. In a run up to an event at Meerut, to recount the First War of Indian History, conducted under the aegis of the Indian Army, 42 students of Army Public Schools, SP Marg, joined in celebrating ‘1857 - EK KRANTI GAATHA’ by participating in Heritage Walk at the Residency in Lucknow. The Residency in Lucknow was a residential complex during the Nawabi era of Lucknow. This colony was attacked in the mutiny of 1857 and suffered greatly. Today it lies in ruins but is a rejoice for history lovers. The grand heritage sites of the Nawabs left the students awestruck and left them with mixed feelings. While on one hand, they could imagine the grandeur of architecture, on the other, they could also see the freedom struggle and the siege that this place witnessed. Brig Pankaj Verma interacted with the students and expressed gratitude for several unsung heroes under the leadership of Tantya Tope, Nana Saheb and Begam Hazrat Mahal, who gave their priceless contribution towards First War of Independence. Martyrs and unsung heroes of the independence struggle were remembered and their valour was commemorated by the students. The APS students had a sense of gratitude as well as accomplishment, at the end of two-hour Heritage Walk in the pristine premises of the Residency.



1857- Ek Kranti Gatha, a Commemoration of Siege of Lucknow and the Battle of Chinhat

Awadh’s capital- Lucknow was an important centre of the First War of Independence in 1857. The Indian revolutionaries valiantly fought in this battle but till date are unacknowledged and deserve a respectable recognition. To commemorate the chivalry and victory of the Indian soldiers in this war, the Indian Army is celebrating the known and unknown heroes

and the famous battles they fought with British in the first armed struggle . A video shoot was organised by 71 Mtn Bde in APSs Lucknow where the students staged a drama on 1857- Ek Kranti Gatha. The students from Classes VI-XII of APS S P Marg paid rich tribute to the unsung heroes of the Battle of Chinhat and gave a brilliant theatrical performance, glorifying the undying spirit of our Indian revolutionaries, Barkat Ahmed and Maulvi Ahmedullah Shah. The audience from Classes IV-XII were overwhelmingly inspired by the portrayal of the epic tale of undaunting courage and patriotism displayed by the Indians in the fight against the British rule. Col Ravinder Singh Rathore, HQ 71 Mtn Bde addressed the children and gave more valuable information about the First War of Independence. He applauded and congratulated the students for their stellar performance.

Principal, Ms Seema Tara, congratulated the auxiliary staff for their hard toil put in by them throughout the year. She also focused on the priceless contribution of the workers to the smooth functioning of the institution. The victory of this day can be well summarised with the wonderful thought by Andre Gide, **“No human Masterpiece has been created without great labour”**.



b) Special Assembly on G-20

December 1st, 2022 is a momentous day as India assumed the presidency of the G20 forum. As the largest democracy in the world, and the fastest growing economy, India's G20 presidency will pitch for hope, healing, harmony to deal with pressing global challenges, manifesting the true spirit of ‘Vasudhaiva Kutumbakam’ or ‘One Earth, One Family, One Future. To highlight the spirit of the same, APS SP Marg organised a special assembly and an Essay Writing activity on G20 theme under ambit of India's Presidency. Ms Meenakshi Joshi (HOD English) apprised the students that India would be hosting 200 meetings all over the country on important agendas like Green Development and Accelerating Progress on the Sustainable Development Goals. She also sensitized the students to become coherent world citizens. The children participated enthusiastically in Essay Writing and GK Quiz. Divyanshi Rai (VIII B) and Sangam Kumari (IX F) were the proud winners of G20 Essay Writing Competition. The school is also undertaking regular Swachhta Campaigns in and around the school campus through ‘Shram Daan’ by students as a part of the G20 event.



c) Red Cross Day

Red Cross Day was celebrated by the Primary section in the special assembly. Ms Seema Shukla (PRT) delivered a talk on Red Cross Society and its importance. This was followed by an awareness program about Health and Hygiene by School Nursing Assistant, Sub Dhan Singh. He enlightened the students about good healthy habits.



Celebration of Important Days

a) International Labour Day

“Labour is the ladder through which human dignity and creative excellence are expressed”

01 May is celebrated as International Labour Day or May Day which originated from the Labour Union Movement in the U.S. This day marks the celebrations of the working class and the labourers and has put an end to their exploitation and unfair treatment. On this occasion, APSSPIANs from Classes I to XII celebrated International Labour Day with full zeal and aplomb. To make the day special, and as a mark of respect, the students presented a token of love through a special assembly. They appreciated and thanked the selfless service of the housekeeping staff and support staff who work with utmost dedication to ensure hygiene and security in school. Akash, a student of Class XII recited a self-composed poem to honour their contribution towards the betterment of the school and society in general. Vice Principal, Ms Archana Srivastava, enlightened the students about the contributions of labourers to our society and how they are key components of a growing economy. The value of labour dignity and the significance of respecting everyone, irrespective of socio-economic differences, was musically expressed by all students who sang a melodious song, “काम बड़ा हो या छोटा, मेहनत तो रंग लाती है” The school workers were overwhelmed watching the show and were shimmering in pride when the students from Class VI felicitated them with flowers and a token of gratitude. They expressed their deepest Thanks to the students and staff and felt grateful for this heartwarming gesture. Our reverend



d) National Technology Day

National Technology Day was started by Late PM Shri Atal Bihari Vajpayee in the year 1999 to honor Indian scientists, engineers and technologists, who worked for India's scientific and technological advancement and ensured the successful conduct of Pokhran tests. A special assembly was presented by Class V. Hindi Club students recited a beautiful poem on technology. A talk and GK Quiz on the topic was very well conducted by Himanshu Singh and Shivam Maurya of Class V C.



e) Special Assembly on 'Summer Vacations in School'

Summer holidays are always a means of rejuvenation and relaxation. It becomes fun time for students which begins with the last bell ringing in school before vacations as they get ready to enjoy the summer retreat. A special assembly was conducted on the last working day of school by Classes VI – XI, where they shared some great tips on do's and don'ts for a healthier and enjoyable summer vacation through an exciting skit. Their vibrant faces were shining bright as it was time to take a break from their regular activities and spend time with their families. They parted happily with a promise to abide by the do's and don'ts discussed in the assembly and come back energized with more dynamism and vitality after summer vacations.



Session by School Counsellor

Students of Classes II to V attended a session on 'Safe touch and Unsafe Touch' conducted by the School Counsellor, Ms Kawalbir Kaur. A small video, 'Komal*' was also shown to students so that they could be more aware and vigilant about their surroundings. The session enabled the students to differentiate between safe and unsafe touch. Child help line no. 1098 was shared with the students. The Counsellor

also clarified all doubts and queries raised by the students.



Info about KidEx App

KidEx is a platform for parents & schools to improve child's holistic development profile for better career potential. The KidEx team addressed all teachers & students from Classes IV - IX and explained about the functioning of the kidEx app. The team apprised the children about the use of this platform for completion of assignments as per their age group. It will also help schools to prepare a 360-degree holistic development report card.



Fire Drill

In continuation with the exercise to create awareness among the students about disaster management, a mock fire and evacuation drill involving students and teachers was conducted from Classes VI to XII. The mock drill was carried out in the school to prepare students and teachers for any such eventuality under the fire risk reduction programme. The purpose to organize the mock drill was to check the readiness of the school to face any such fire emergency and also to make the students and staff aware about the Fire Fighting Rescue Operation. A group of teachers and student volunteers armed with necessary paraphernalia required for firefighting and rescue operations positioned themselves at vantage points to guide and assist the students in the mock fire and evacuation drill. The students were escorted by their teachers to the school assembly ground after the hooter sound. Once all had assembled on the ground, they were advised not to panic in case of any disaster. They were instructed to be with teachers at the time of disaster and follow the instructions given to them by their teachers. The Teacher In-charge, Mr. Pankaj Mishra (PGT) explained the functioning of a fire extinguisher and spoke of the Do's and Don'ts regarding possibilities of fire. He also addressed certain precautions to be taken care of at the time of emergency. The session proved to be informative and an imperative lesson on life-saving skills.



Teacher's In-Service Training

In-Service training program is organized every year to orient newcomers as well as the old ones. The purpose of the training programme is to promote the continuous improvement and upgradation of the total professional staff of the school system. The five-day session gave an opportunity to teachers to have deep insights & deliberations on several challenging issues related to Education. The workshops conducted are as follows :-

(a)	NEP & its implementation with special emphasis on teachers' training	Ms Seema Tara, Principal, APS SP Marg.
(b)	Professional Ethics	Ms Archana Srivastava, Vice Principal, HOD Science
(c)	Yoga	Ms Savita Singh (TGT), Ms Namrata Singh (TGT), Ms Manasi Singh (PGT)
(d)	Mental Health & Wellness	Ms Rishibha Shukla (PGT) Mr Subodh Dwivedi (PGT)
(e)	Examination Pattern	Ms Shehla Askari Mr Vir Bahadur (Exam Cell Incharges)
(f)	Insight on NIAS	Ms Kriti Tiwari (TGT) Ms Renu Tripathi PRT
(g)	MS Word (Question Paper Formatting)	Mr Amit Trivedi (PGT) Mr Dipesh Tilara (PGT) Mr Anuj Trivedi (TGT)
(h)	Meditation	Mr Amitabh Srivastava (TGT Music) Ms Kawalbir Kaur (School Counsellor)
(j)	SAFAL	Ms Rupali (TGT)
(k)	ASTB & Procurement	Ms Nimita Sheel (Adm Offr)
(l)	Culture of Awadh	Dr Sanobar Haider
(m)	Jacobson Muscular Relaxation Therapy & Professional Stress	Ms Kawalbir Kaur (School Counsellor)
(n)	Salary	Mr Susheel (Accts Clk)
(o)	SEBI	Mr Rajesh Prajapati, (Financial Advisor)
(p)	Purpose of Education	Ms Carmel Yaganagi
(q)	Happiness	Ms Vineeta Shukla (TGT) Ms Namrata Upadhyay (TGT)
(r)	Fitance	Mr Amitabh, Mr Rakesh, Ms Bajjanti, Mr Sachin (TGT)
(s)	Session by APS NR- Behavioral Management in Inclusive Education	Dr. Siddhant Kumar, Director UMEED Rehabilitation Centre
(t)	Session by APS, LBS MARG - Implementation of SQAA as per CBSE guidelines	APS LBS Marg, Lucknow
(u)	Session by APS SP MARG - NEP: Mental Health and Emotional Wellbeing	Dr Shinjini Sarana, Senior Manager PCTI Ms Priyanka, Co-operate Trainer & Content Designer



ARMY PUBLIC SCHOOL, SP MARG LUCKNOW conducted an In-Service Training Program for teachers of 11 GRRC Regimental School from May 16 to May 18 2023. To begin with, the Preamble to the NCF Foundational level and the aims, goals and objectives of NCF were clearly explained by the Headmistress APS S P Marg Ms Minti Bhatia. Under her guidance, the Primary wing teachers, Ms Preeti Mishra, Ms Meena Rawat, Ms Neelam Pandey, Ms Arti Chauhan, Ms Lalita Mehra and Ms Sangeet Mehrotra, conducted workshops and presentations on the topic "NCF Foundational Stage" to familiarize the Regimental school teachers with the National Curriculum Framework (NCF) and its implementation in schools. They explained the different aspects of the NCF effectively. Head Mistress, Ms Minti Bhatia, shared her expertise and provided real-life examples that can be applied in the classroom. The interactive and informative session proved beneficial for the participating teachers, who gained valuable knowledge. Chairperson AWWA 11 GRRC, appreciated the initiative and lauded them for their valuable contribution.



ARMY PUBLIC SCHOOL, LBS MARG LUCKNOW organized a 5-day Capacity Building Programme for PRTs of APSs Lucknow (2023-24) from May 15 to May 19, 2023. Primary teachers from APS SP Marg actively participated in the workshop. Teachers of Classes I & II won first place in the team activity on Teamwork and Coordination by creating the longest chain in the shortest time. We also secured the first position in the group game 'Jadui Patara', showcasing innovative ideas in preparing teaching-learning materials. Teachers of Classes III-V creatively demonstrated Art Integration, showcasing how Worli art form can be integrated with different subjects in the classroom. Ms. Anita Singh and Ms. Mitroyee Chakraborty conducted a workshop on 'Linkage to the Preparatory Stage', focusing on connecting both stages without learning gaps. The workshop included hands-on activities. Ms. Minti Bhatia, Head Mistress, APS SP Marg, conducted a vibrant and interactive workshop on "Creative and Learning Supportive Ecosystem". The presentation emphasized on creating a positive ecosystem in the classroom and school environment. She also explained the role of the administrator and shared inspiring examples. Ms Babita Pant explained the various factors which are instrumental in creating a learning supportive ecosystem. The session concluded with a captivating story by the Headmistress. The 5-day program concluded with a closing ceremony graced by the Chief Guest Dr. Mrs. Shahina Yazdani, Chairperson of the School (AWWA). Dr Shahina lauded the teachers' efforts, and awarded certificates to all participants. A mesmerising dance performance Jerusalem was put up by teachers of all 3 APSs. The workshop provided valuable knowledge and skill enhancements aligned with NEP 2020.

Ms Seema Tara awarded Certificates to all students. Ma'am applauded & appreciated the efforts of the Club Incharges and students for an overwhelming participation.



Summer Camp

for Primary & Senior Wing Students

The summer camp includes activities that help develop the physical, mental, psychological, and social aspects of a young student's life. APS SP Marg aims to improve both the immediate and future quality of life for young people through educational, recreational and cultural activities. Our summer camp students truly immersed themselves in various club and sports activities like Yuva Tourism, Indian Dance, Robotics, Music, Badminton & Skating etc. The students learned new skills and also taught each other laughter and hope. On the concluding day, the students gave a presentation of skills & activities that they learnt in the summer camp. The Principal

"Appreciative words are the most powerful force for good on earth"

~George W. Crane

SCHOOL BEATS

14.05.23 to 02.07.23	Summer vacations for Classes I - XII
21.06.23	International Yoga Day Celebration

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